



My health notepad

Asking questions can be a good way to help you stay healthy.

These questions might help you. You may also have your own questions:

What is my main issue?

What do I need to do?

What can I do to help myself at home?

Why is it important for me to do this?

My notes:

Other questions I would like to ask:

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My notes

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My notes

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My notes

Important information:

Who do I call if I have questions after my appointment?




